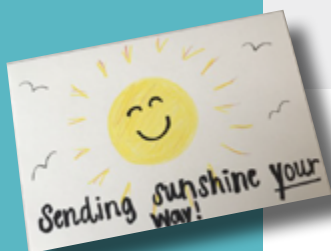
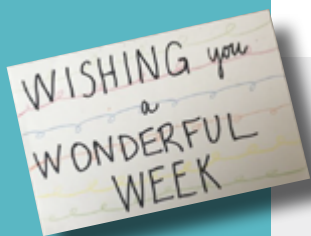
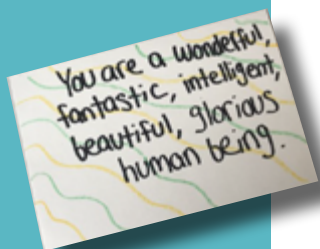


Well Wish Notes help spread good thoughts, support, and greetings to our clients .

Make Well Wish Notes today!



WHAT TO INCLUDE

These notes will help extend the connection between Lifelong and our clients. Pictures and/or language that are general and uplifting are great examples of impactful Well Wishes Notes. We are also accepting Well Wish Notes written in Chinese, Vietnamese and Spanish.

WHAT NOT TO INCLUDE

We want to be mindful that every client is different, and with that we want to make the Well Wish Notes general so it is can be applied to everyone. Please refrain from languages or graphics that are:

- Religious specific
- Holiday specific
- Politically specific
- Family specific

WHAT TO DO

Take an index card, or anything of similar size, and decorate it with your best wishes!

Well Wish Notes can be dropped off or mailed to:

Lifelong

C/o Well Wish Note Program

210 South Lucile St. Seattle, WA 98108

Questions? volunteer@lifelong.org

Lifelong♥